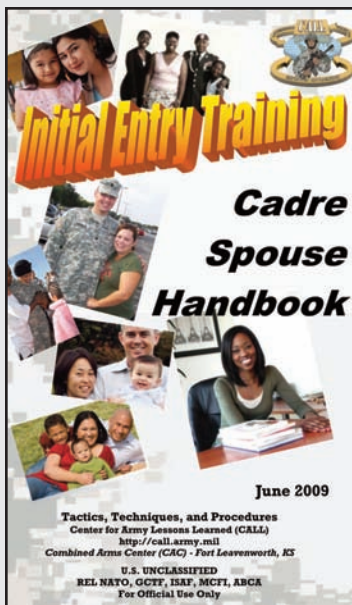


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## NEWS



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# The Fort Jackson Leader



Thursday, July 16, 2009

Published for the Fort Jackson/Columbia, S.C. Community

www.fortjacksonleader.com

# Casting a Web



Photo by CRYSTAL LEWIS BROWN

Members of the Fort Jackson community can follow local updates and give feedback on social media sites such as Twitter and Facebook. TRADOC uses social media to communicate and interact with its target audience.

## TRADOC, Fort Jackson enter social media age

By SUSANNE KAPPLER AND JOHN HARLOW  
*Fort Jackson Leader*

Social media sites have changed the way people stay connected, and the Army is part of that trend. U.S. Army Training and Doctrine Command and Fort Jackson are working to use social media to broaden communication across the Army and with the public.

"I'm excited that we are getting our story out to the American people," said TRADOC Command Sgt. Maj. David Bruner. "There are folks who are intimidated coming into the dot.mil domain. Millions of Americans are comfortable in Facebook and Flickr. The best way to tell the story of the great Soldiers and civilians who serve every day in TRADOC is to get the story where the people can see it. This also gives our stakeholders a chance to

let us know when they see ways to improve the way we do business."

Army leaders are beginning to routinely tell that story through online tools such as official and personal blogs, as well as Twitter, Facebook, Vimeo and Flickr. On Twitter, for example, the Army and TRADOC accumulated a combined 2,530 followers since January.

Fort Jackson organizations are starting to develop a presence in social media outlets as well. Moncrief Army Community Hospital started a Twitter page to update patients about appointment openings.

"Twitter is an important social media tool that Moncrief will now be using to inform our patients of lost appointments, which in turn increases (available) appointments for our patients that (otherwise) would have gone unused," said Nichole Riley, MACH public affairs officer. "This will be saving our

hospital thousands of dollars and makes it a win-win for every beneficiary."

The Fort Jackson Public Affairs Office is currently developing its sites on Twitter and Facebook.

"We need to take advantage of new media if it helps us get the latest information out to a sizable portion of our audience," said Karen Soule, Fort Jackson public affairs officer. "We want people to continue to read the *Leader* and visit our Web site, but what a great benefit to be able to get the latest information out to people almost instantly."

Soule said the sites will post updates on graduation times and location, weather cancellations and other breaking news stories affecting the Fort Jackson community.

Another area in which social media sites have turned out to be beneficial is to enhance

See TRADOC: Page 3



# Handbook provides help to spouses

One of the biggest misconceptions that newly arriving cadre and their spouses might have is thinking that their assignment at Fort Jackson is going to be a slow-paced and laid-back one.

Well, I can put that myth to rest. Fort Jackson plays a vital part in training Soldiers and protecting our country. Simply put, transforming civilians to warriors in an Army serving a nation at war is tough, challenging and demanding. And, as you might expect, it requires a great deal of time and energy.

I've talked to many spouses of our cadre about their first impressions here. I am not surprised to hear many of them speak of their Soldiers working long hours and weekends, and that just freeing up an hour or two a day to spend time together takes some creative planning.

Recognizing the importance of quality time with families, our leaders — at all levels — are committed to ensuring we provide as much predictability as we possibly can to our mission. While this does not lessen the workload, we do all we can to mitigate the effect.

These details were the impetus for putting together an extremely useful tool for cadre spouses — The Initial Entry Training Cadre Spouse Handbook, which aims at providing spouses a preview of what to expect after arriving here on post. The handbook is a terrific idea, to say the least, and let me add that it is the first book of its kind for IET cadre spouses.

It's a given that family members are key to a Soldier's

## BRIG. GEN. BRADLEY W. MAY

*Fort Jackson  
Commanding  
General*



well-being. We recognize that fact and are fully committed to supporting our Soldiers and families so that the IET transition is smooth. This handbook helps keep spouses in the loop so that they do not feel overwhelmed with their adjusting lifestyles.

Receiving this knowledge in advance empowers them to act and react accordingly. The handbook identifies common situations that other cadre members have overcome, with recommendations to serve as patterns.

One very important part of the guide is the section on sample timelines. These examples give spouses and cadre an idea of what to expect as far as schedules are concerned.

Another very useful part of the booklet is the explanation of IET phases. This knowledge allows families to plan ahead. By identifying which phases are more time-intensive, families can plan time with their Soldiers, even

if the time involves something as simple as dropping off lunch or having lunch together.

Time constraints are fully explained in the guide. There was a lot of work and effort that went into this book. I would like to thank Col. Craig Currey and Staff Sgt. Angela Wasson of the Directorate of Basic Combat Training for their hard work in putting this guide together. Wasson is a dual military spouse who relied on some of her own experiences in making sure the booklet relates to others in her situation.

The guide was reviewed by a number of other very knowledgeable spouses to include Cheryl Stall and Beth Shwedo, as well as my wife, Jan, in making sure all the aspects of this issue were covered and as up-to-date as possible.

Fort Jackson's leadership is doing our part by providing the handbook to Soldiers in the Drill Sergeant School and making it available online at <http://www.jackson.army.mil/units/handbook/spouse-handbook.pdf>.

I also encourage brigade and battalion leadership to make this handbook available to all new staff cadre. It is important to remember that although we can provide the information, it is up to each Soldier and his or her family to make the most of it.

Take some time to read through this valuable resource, and I can assure you, you won't be sorry you did.

Army Strong!

## *The Fort Jackson* **Leader**

**Fort Jackson, South Carolina 29207**

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# Stabilization for high school seniors; pre-retirement brief

*My spouse has an approved stabilization for high school seniors based on our daughter. Since I am active-duty military, do I also have to apply for the stabilization?*

Yes, you do. AR 614-200, Enlisted Assignments and Utilization Management, paragraph 5-27d states "Soldiers enrolled in the Married Army Couples Program must both apply if both desire stabilization under the high school senior stabilization program." Other information on this program is also available in this paragraph.

*I submitted a request for a stabilization because my child will be a senior next year. My chain of command recommended disapproval of my request. What course of action do I take now?*

Your request should be submitted to Human Resources Command for consideration, regardless of chain of command recommendation. HRC (director, EPMD) is the approving or disapproving authority. See Army Regulation 614-200, Enlisted Assignments and Utilization Management, paragraph 5-27, for additional information.

*What is the pre-retirement orientation?*

The pre-retirement orientation is conducted to provide a briefing for active duty, National Guard and Reserve

## COL. LILLIAN A. DIXON

*Fort Jackson  
Garrison  
Commander*



Soldiers who have an approved retirement date.

The briefing informs Soldiers about services that will be provided to them during the retirement process. The orientation takes place in March and September each year and includes representatives from various agencies, including finance, legal services, VA Administration, transportation and TRICARE. Spouses of retiring Soldiers are welcome to attend the orientation. For more information, call 751-6715/5523.

## GARRISON FACT OF THE WEEK

There are plenty of opportunities to learn to play golf at the Fort Jackson Golf Club. Call 787-4344 and sign up for lessons.

*To submit questions, call 751-2842, or e-mail [scott.nahrwold@conus.army.mil](mailto:scott.nahrwold@conus.army.mil).*

## LEADER DEADLINES

To contact the *Leader* about story ideas or announcements, e-mail [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).

□ Article submissions are due two weeks before the scheduled publication. For example, an article for the July 30 *Leader* must be submitted by today.

# Booklet prepares spouses for duty

By **CRYSTAL LEWIS BROWN**  
Fort Jackson Leader

Staff Sgt. Anthony Evans, a drill sergeant with Company B, 3rd Battalion, 60th Infantry Regiment, said his wife knew very little about the Army before experiencing it with him.

But the Directorate of Combat Training has developed a Cadre Spouse Handbook aimed at giving spouses, like Evans', some insight on what to expect before coming to an installation like Fort Jackson.

Col. Craig Currey, DBCT director, said the handbook was developed as a way to inform Soldiers and spouses about the rigors of working in a training environment.

"We've been thinking about this for a long time," Currey said.

He and his team surveyed both spouses and Soldiers to find out what they would like to see.

"One of the things they wanted was booklet to better prepare drill sergeants' spouses," he said.

He added, "Families know the Army, but they don't know (Initial Entry Training). What we tried to do was to give the IET slant on things."

Staff Sgt. Angela Wasson said she and others involved in creating the handbook tried to make it broad enough to make it relatable to any family member. She said the handbook is also meant to dispel misconceptions some may have upon coming to a training installation.

"Families come here to an IET environment and think they will see their (spouse) all the time now because they don't deploy and they don't go to the field," she said.

Currey added, "It can be grueling ... it is just non-stop training."

As a dual military spouse, Wasson thought it was important to include how the IET environment would affect family time. The book focuses heavily on describing those effects, even including examples of daily schedules for company and staff cadre, stay-at-home and working spouses, and even children.

The book also includes resources for education, religion, employment and transition tips, among others.

Though the book is aimed at spouses, Currey stressed that Soldiers should avoid simply leaving the spouse alone to look through it.

"It would be beneficial for the spouse and Soldier to go through it together," he said. "Some of it is designed to be interactive between husband and wife."

Evans, a father of four who has been a drill sergeant for 15 months, said his wife thought the book was helpful.

"I showed it to my wife and she asked, 'Where was this book when I came in?'" he said.

He said the book should be handed out to the installation's newcomers.

"They should get a welcome packet when they first come in, and this book should be in there."

The book can be found at <http://www.jackson.army.mil/units/handbook/index.html>. Another book, this one aimed at family members of Basic Combat Training and Advanced Installation Training, can be found at <http://www.jackson.army.mil/units/handbook/index.html>.

Crystal.Y.Brown@us.army.mil

## CAMPAIGN PLAN FOCUS



The Cadre Spouse Handbook is aimed at enhancing the quality of life of family members, which is a campaign objective (6.0 on the strategy map) of the Fort Jackson campaign plan. The program falls under "Quality of Life," one of the campaign plan's three lines of operation.

## Voices

A *Leader* reporter sat down with Jan May, Cheryl Stall and Beth Shwedo, spouses of Fort Jackson's commanding general, command sergeant major and deputy commanding officer, respectively, to get their take on the new Cadre Spouse Handbook. All three women said the handbook is one of many tools Fort Jackson provides to prepare spouses new to a training installation.

"For me, it's just one tool that a spouse can use to identify some of the challenges and expectations," said Stall.

Shwedo added, "It's helpful in the fact that most people's point of reference is not in a training environment."

May said having a handbook prevents spouses from having to "learn the hard way."

"I think with this, it lays it out step-by-step what is involved. I think it's honest. That is what caught me about that book," she said.

Stall said knowing in advance what to expect allows families to schedule time together.

"We ask a lot of our Soldiers, and by virtue of that, we're asking a lot of our spouses," she said. "It helps to be able to plan. I think some families aren't going to get much time together if they don't plan."

May said the book is also a way to get a lot of information in one place.

"(It's) one-stop-shop information in here," she said. "Take your time and digest it. I wish I had it when we came in (the Army)."

Shwedo said having the information at hand can be empowering for spouses, and knowing in advance what to expect is powerful.

"The unknown is what can sometimes be scary," she said. "What's good about this is it touches on every aspect of life."

She added, "The bottom line is ... the Army's looking out for the families to make sure they know what to expect."

# TRADOC, Fort Jackson embrace social media

Continued from Page 1  
communication with family members.

The 171st Infantry Brigade has recently started a Facebook page for its family readiness group.

"As a commander, my focus is to develop a forum that allows my family members and volunteers to communicate," said Col. Karl Reed, 171st Inf. Bde. commander. "When I had a small gathering of the FRG at my home, it became apparent that 95 percent of the spouses already use Facebook... So we have established our FRG network on the Facebook page."

He added that although his focus is to provide a forum for families, it is important to recognize that social media sites are being embraced by the Army as a whole.

"As an Army, we have an obligation to tell our story in the spaces and places where our community is already engaging," he said. "Army leaders ... have been instrumental in developing leaders that leverage social media as a medium to allow soldiers to 'tell the Army story' and to facilitate the dissemination of strategic, unclassified information."

**Editor's note:** John Harlow works for the TRADOC Public Affairs Office.

## ON THE WEB

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  - ❑ Moncrief Army Community Hospital: [www.twitter.com/machcsd](http://www.twitter.com/machcsd)
  - ❑ TRADOC blog: [www.tradoclive.dodlive.mil](http://www.tradoclive.dodlive.mil)
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- Visit [www.tradoc.army.mil](http://www.tradoc.army.mil) for more social media links.



# PTSD topic of scheduled presentation

By **DELAWESE FULTON**  
Fort Jackson Leader

Fort Jackson will host Army Training and Leadership Development presentations about managing post-traumatic stress disorder July 27 and 28. The guest speaker will be retired Command Sgt. Maj. Samuel Rhodes.

Rhodes, a PTSD survivor and a former commander of the 192nd Infantry Brigade at Fort Benning, Ga., will first speak to drill sergeants and Advanced Individual Training platoon sergeants at the NCO Club, beginning at 10 a.m. Afterward, he will speak to medical professionals at Moncrief Army Community Hospital at 1 p.m. and go back to the NCO Club to speak to company-level and above leadership at 3 p.m.

Rhodes will also speak to Soldiers and staff at the Soldier Support Institute on July 28 at 3 p.m., said Capt. Ric Haeussler of Fort Jackson's strategic planning office. Haeussler said Rhodes' message and insight are valuable to all of Army's leadership.

In his presentation, "Changing the Army's Culture of Silence," Rhodes shares his emotional struggles as a Soldier, dealing with the effects of combat and how he got the help he needed to overcome those issues.



**RHODES**

Rhodes served close to 30 years in the Army. Among his numerous awards are the Legion of Merit, the Bronze Star, and the Order of St. Maurice. The Order of Saint Maurice is awarded by the National Infantry Association and the Chief of Infantry of the U.S. Army.

Also in his presentations, Rhodes said he discusses the importance of Soldiers' sharing their feelings. He said because of societal conditioning, male Soldiers often resist talking about how they feel. He said it is critical for leaders to provide an environment where Soldiers — male and female — feel they can open up.

"I am a survivor of (war). I could have easily died like many of my fellow warriors, but for some reason God has allowed me to live. (So,) I have a huge debt to each one of those 37 warriors who died during my tours of duty ...," said Rhodes, who served in Operation Iraqi Freedom 1, 2 and 3, totaling 30 months of combat experience.

Communication and understanding are key to helping Soldiers overcome PTSD.

"And, the long-term (goal) is to prevent suicide," Rhodes said.

Rhodes was also a presenter at the DoD Suicide Prevention Conference in San Antonio, Texas, in January. His upcoming Fort Jackson presentation follows several leadership forums that have been held on post since February.

*Delawese.Fulton@us.army.mil*

## CAMPAIGN PLAN FOCUS



This presentation is part of leadership development, which is a campaign objective (3.0 on the strategy map) of the Fort Jackson campaign plan. The program falls under "Training," one of the campaign plan's three lines of operation.

## New Forty Rounds commander



*Photo by DELAWESE FULTON*

**Lt. Col. Michael Peters Jr. receives the unit colors from Col. Brian Prosser, 193rd Infantry Brigade commander, in a change of command ceremony yesterday at Darby Field. Peters replaces Lt. Col. Michael Davey as commander of the 2nd Battalion, 13th Infantry Regiment.**

## Top engineer



*Photo by CAPT. KENNETH ATTAWAY, 1st Battalion, 345th Engineering Regiment*

**Lt. Col. Kevin Kearns speaks to attendees during a change of command ceremony recently at 157th Infantry Brigade headquarters. Kearns relinquished command of the 1st Battalion, 345th Engineering Regiment to Lt. Col. John Connor, center. Also pictured is Col. Timothy Vuono, the brigade commander.**



## Spider fan



Photo by SUSANNE KAPPLER

**Crime-fighting super hero Spiderman strikes a pose with Caleb Hanvey, 4, during a visit to the Main Post Exchange Saturday.**

## H1N1 update

As of yesterday, there have been a total of 87 confirmed H1N1 cases since April. Moncrief Army Community Hospital is awaiting laboratory results in 60 other cases in which patients tested positive for Type A flu.

If a Fort Jackson patient complains of flu-like symptoms and tests positive for Type A flu on a rapid flu test, a lab specimen is forwarded to South Carolina Department of Health and Environmental Control for further evaluation.

The results are usually known within 24 to 48 hours. Until the results are returned, the patients are cared for in isolation.

Fort Jackson has been monitoring H1N1 flu cases since April. Fort Jackson's command group will continue to notify the community of any significant changes in the current situation.

# Accidents spur traffic tips

*From the Directorate of Emergency Services*

Because of the abnormally high number of traffic accidents in the past month, the Directorate of Emergency Services is urging the community to follow a few simple traffic safety tips.

During the summer, there is increased traffic on Fort Jackson, and not just motor vehicles. The number of bicyclists, motorcycle riders and runners also increases.

When operating a vehicle on Fort Jackson, please keep in mind that speed limits are set to bring the maximum amount of safety for everyone in the affected area. Speeding is not tolerated on the installation. Every speeding vehicle will be stopped by post law enforcement.

The past month has been very rainy, raising concern that many drivers operate their vehicles without considering the wet conditions.

Two of the five major traffic accidents on Fort Jackson in the past month have been partly caused by drivers not exercising the caution that they should be when operating a vehicle.

This goes for drivers of government vehicles as well. Just because a person is not in a personally owned vehicle, does not mean the person should exercise any less caution than anyone else on the road.

Remember, when it is rainy, slow down and make sure the vehicle is in good condition to drive in the rain. Check the tires and know areas that have the potential for flooding.

Water can gather on a road surface very quickly, and Fort Jackson's roads are no different. When approaching stop signs and traffic control devices in the rain, be sure to check the other lanes of traffic before entering an intersection.

Making sure the lane is clear lowers the risk of being struck by a vehicle that is sliding while attempting to stop at a red light.

If a traffic light is out, and a law enforcement officer is not on scene, the intersection should be treated as a four-way stop so that safety is the top priority.

Fort Jackson must strictly enforce traffic rules in order to ensure the safety of our community. Every Thursday and Friday, Fort Jackson's population explodes with Family Day and graduations.

Many of these visitors travel around the installation on foot or are unfamiliar with our road systems, increasing the danger of a catastrophic incident occurring.

Drivers should remain attentive behind the wheel to ensure the safety of themselves and the community as a whole.

## Geared to maintain



Photo by SUSANNE KAPPLER

**Lt. Col. Darrell Aubrey, left, accepts the colors of the 187th Ordnance Battalion from Col. Karl Reed, 171st Infantry Brigade commander, during a change of command ceremony Friday at Darby Field. Aubrey took over for Lt. Col. Christopher Richardson.**





# McLaughlin: Set goals, keep focus



Photo by DELAWESE FULTON

**Sgt. 1st Class LaToya McLaughlin says her most memorable experience in her 10-year Army career was the time she served in Iraq. McLaughlin, an AIT course director, plans to serve at least 10 more years.**

**Rank, name**  
Sgt. 1st Class LaToya McLaughlin

**Unit**  
HHC, Training Support Battalion

**Military Occupational Specialty / Job title**  
44C, financial management technician/  
Financial Management School AIT  
course director

**Years in service**  
10

**Family**  
One daughter

**Highest education**  
Pursuing a bachelor’s degree

**Hobbies**  
Reading, writing and watching sports

## NCO spotlight

Sgt. 1st Class LaToya McLaughlin says the good mentors that she has had as a Soldier has shaped her military career for the better.

“Various leaders have influenced me over my career,” McLaughlin said. “I have had the opportunity to work for some wonderful non-commissioned officers... Without the mentorship of the leaders I have encountered, I don’t know where I would be today.”

McLaughlin has served a decade in the Army, with prior assignments at Fort Hood, Texas, and Camp Casey, Korea. In 2007, she deployed to Iraq.

She said her time in Iraq was most profound.

“My most memorable experience in the Army was my deployment to Iraq,” McLaughlin said. “There was so much un-

expected. I didn’t realize how well trained we actually were. We were very successful as an organization. I am proud to say that I served my country in a contingency environment.”

McLaughlin said she plans to serve another 10 years in the Army and while she supervises instructors at the Army’s Financial Management School at Fort Jackson, she also wants to earn her master’s degree before retiring.

She also said she wants to become a detachment sergeant or first sergeant, and eventually, a command sergeant major.

As a mentor and role model, McLaughlin said she encourages junior Soldiers to stay focused.

“Set goals for yourself and don’t ever lose focus on the goals that you have set. You truly can (achieve) the things that you have set out to accomplish,” she said.

We Salute You!

## The NCO Creed

No one is more professional than I. I am a noncommissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time-honored corps, which is known as “the backbone of the Army.” I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the corps, the military service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain technically and tactically proficient. I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own.

I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

**LEADER DEADLINES**

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- ❑ Announcements are due one week before the scheduled publication. For example, an announcement for the July 30 *Leader* must be submitted by July 23.
- ❑ Send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).

For more information, call 751-7045.

# Mom learns love does not cure all ills

Between the baby and the dog, I think I have had more than my share of hacking coughs, mucus and vomit this week.

You'd think that having an 11-year-old dog with multiple health issues, I would be used to it, but there is something about a sick baby that is just heart wrenching.

My husband woke me up Sunday morning with four words I hope I don't hear again for a while: "What's the pediatrician's number?"

The baby's eyes were practically glued shut (don't worry daycare moms, he was diagnosed and treated before we brought him back to daycare) and his little voice was hoarse from all of the coughing he had been doing.

I don't care who you are: The sound of a baby's hoarse cries and the sight of his chest heaving as he coughs is enough to break anyone's heart.

Because the next day was a training holiday, my husband was able to take him to the doctor as soon as the office opened.

It was some kind of infection, she said, and started him on a round of antibiotics that day.

I have always liked our pediatrician. She stuck with me

## CRYSTAL CLEAR

By **CRYSTAL LEWIS BROWN**  
*Fort Jackson Leader*



when I had my own ideas about how to much to feed my son. She didn't ridicule me when I, in an attempt to explain my stance on delaying solid foods, quoted a non-existent medical organization. But the day after my son's appointment, when he tried to look at me through matted eyes and coughed so hard he spit up, I hated her.

I hated that she couldn't give him a magic pill that would immediately erase his symptoms. I hated that no one prepared me for the feelings of anxiety and helplessness I felt as I wiped his runny nose for the umpteenth time that day, or when he erupted into a coughing fit while

eating. I hated that on top of the reflux medicine he takes twice a day, he now had to take two additional medicines.

But sometime around the third day of his sickness, I noticed something. He was coughing less, and his eyes were getting better. He also seemed happier, though when he laughed, I could still hear the hoarseness in his voice.

By the time we left for the weekend, over the course of which several relatives would meet him for the first time, it was like he had never been sick at all.

But I will never forget how his illness made me feel. How I took his temperature four times, back-to-back, three different ways, to see if he had a fever.

The anxiety I felt when he didn't seem to get any better. And the relief that washed over me when it was obvious that he was. I can't say for sure that I will handle things any better if, no, when, he gets sick again, but at least next time I will be better prepared.

And even though I can't make the medicine work any faster, I know that he will be OK.

As for the dog, a little Pepto-Bismol and a couple of treats later, he was fine. It's just too bad that doesn't work for babies, too.

# Mom, kids make the best of family weekend without dad

Greetings from Destin, Florida! The kiddos and I are here for the weekend. This place is a little piece of heaven on Earth.

Everything is here: gorgeous beaches, great shopping, tons of restaurants and about 50 members of my husband's family. Did I mention that we're here for my husband's annual family reunion?

But my husband's not here. He's still at Fort Jackson.

A special place exists in the Army. It is a place somewhere between a deployable unit and an overseas assignment, and that place is called TRADOC.

TRADOC is a magical place where my husband comes home every night, but he's not really home because he just eats dinner and passes out in a coma. TRADOC is the type of place where federal holidays disappear into thin air because someone always has to be with the Soldiers.

So, even though we planned for my hubby to attend the reunion for the first time in four years, at the last minute a tasking came up and he couldn't take leave.

However, we already told the family that we would be there. No one had laid eyes on our precious new baby boy yet, and they were itching for some baby time. Being the outstanding Army wife that I am, I put my Superwoman cape on and decided to take the kids to Florida. But, I wasn't going alone — I had to bring in reinforcements.

What do you do when the hubby is tied up in Army business but your life is racing on at the speed of light?

You call your "sistah" friend, and that's exactly what I did. You know that friend you call in the middle of the night to vent about the injustices of your life? The friend that you could never call if you got arrested because she would be sitting in the jail cell with you?

I hope that God has blessed everyone with such a friend.

## COMMENTARY

By **CURSHA PIERCE-LUNDERMAN**  
*Special to the Leader*



In the Army, those friends become our family. These special people help you through life because they often know you better than you know yourself. My sistah Brande and I have known each other since we were 12. We've been through boyfriends, babies and bad times together. When I called her, she was excited to join us in Florida and brought her kids along for a great beach trip.

Given the realities of life, we don't get to see each other that often anymore so the trip has been a reunion for us also. We're getting quality time with the kids; we're reminiscing about the old days and talking about dreams for the future. Although she is a new face to the other members of the Lunderman family, she has been an unwavering fixture in my life for decades.

When I was deployed to Afghanistan, she was the one who sent funny e-mails that kept a smile on my face. When my toddler took a bad tumble, she calmed me down and assured me that her child had survived much worse without any lasting damage.

If you are talking about family, it doesn't get much closer than the two of us. I honestly can't imagine a family reunion without her. So, everyone is where they should be — minus my husband, who is stuck in TRADOC land.

But we will keep having a great time this weekend for him anyway.



## What's the Difference?

There are 4 things different between Picture A and Picture B. Can you find them all?



Answers: 1. missing rake 2. watering pail is larger 3. tree is smaller 4. box is missing from wheelbarrow



# Roll call: You must be there to win

When I was stationed in Ansbach, Germany, many years ago, we had roll call every morning, rain, snow or shine. It was only during the most severe storms that we did not go outside for formation at Headquarters, 1st Armored Division. Even then, each Soldier had to be present or accounted for. Too often during life's storms of disappointments, frustrations and heartaches, it is tempting to go AWOL. The tendency to retreat from people and life's difficult moments, hoping that things will go away or somehow get better without your input, simply does not work. Retreating from the challenges life of-

## COMMENTARY Yvonne Corppetts *Special to the Leader*

fers at various times does not help us build the perseverance it takes to push past those obstacles. To navigate successfully through your life journey, you have to be at roll call. You must be present to win. The ultimate prize for successful living is a life that is empowering, motivating and inspiring to you. In turn, those same qualities you possess can empower, motivate and inspire those around you. Regardless of where you are at in your

life right now or what role you play in the lives of others, you have to show up in order to win. Success for any individual, family or major organization depends on each person being present and accounted for. Whatever personal or professional goals you aspire to in life, you must be willing to march forward to the finish line and not give up. When an opportunity arises are you there to seize it? If you find yourself faced with something unfamiliar are you willing to learn from it? When faced with a challenge are you willing to tackle it? Are you using those special talents or a gift that makes you unique?

The most successful people I know engage in life to the fullest, despite the hills and valleys. Now is the time to take the lead in your own personal growth and development. Be present in everyday living. Be present to hear what others have to say. Be present to lend a helping hand. Be present to care about someone other than self. Be accountable for what you say and what you do. Be accountable in order to build your trustworthiness and reliability. Be accountable for living your best life. Rain, snow or shine there is going to be roll call and you must be present to win. *Editor's note: Yvonne Corppetts is a retired Air Force officer who resides in Elgin.*

## Fort Jackson talks back:

*What do you think about Fort Jackson getting involved in social media (Facebook, Twitter, etc.)?*



**Spc. Anthony Alberico**  
Company C,  
187th Ordnance Battalion

"I don't see why not. If they were to do something like that, it would help give Fort Jackson more popularity."



**Spc. Trinity Brommerich**  
HHC,  
193rd Infantry Brigade

"I think it would help if they did (especially for) newcomers. It would benefit a lot of people."



**Pvt. Curtis Hitzeman**  
Company C,  
187th Ordnance Battalion

"It would be good advertising for the Army."



**Zana Edmonds**  
DA civilian,  
veteran

"I think it is necessary because they need to catch up. They need to get on track with what the kids are doing."



**Staff Sgt. Jack Knox**  
2nd Battalion, 345th Combat Support Regiment

"(I am for) anything within legal limits that helps the Soldiers communicate with their leaders, and themselves, better."



**Richard Rouse**  
Army retiree,  
AAFES vendor

"Well, I think if they (Fort Jackson leadership) can keep it out of the hands of the trainees and it is used more (so) by the colonels, leadership — that would be best."



# Is there an ‘unbaptized arm’ in your life?

By **CHAPLAIN (CAPT.) JOSHUA GILLIAM**  
*187th Ordnance Battalion*

Allow me to tell the story of a great warrior. Ivan the Great was the czar of Russia during the 15th century. He brought together the warring tribes into one vast empire. As a fighting man, he was courageous. As a general, he was brilliant. However, Ivan was so busy waging his campaigns that he did not have a family. His friends and advisers were quite concerned. They reminded him that there was no heir to the throne, and should anything happen to him, the union would crumble into chaos. “You must take a wife who can bear you a son,” he was told. The busy soldier-statesman replied, “Well, go find me one.” The counselors and advisers searched the capitals of Europe to find an appropriate wife for the great czar. And find her they did. They returned with the report of the beautiful dark-eyed princess of Greece. She was young,

bright and charming. He agreed to marry her sight unseen. The king of Greece was delighted. This marriage would align Greece in a favorable way with the emerging giant of the north. But there had to be one condition, “He cannot marry my daughter unless he becomes a member of the Greek Orthodox Church.” Ivan’s response, “I will do it.” Shortly thereafter, the czar made his way to Athens accompanied by 500 of his best troops — his personal palace guards. He was to be baptized into the church by immersion, as was the custom. His soldiers, ever loyal, asked to be baptized as well. The patriarch of the church assigned 500 priests to give the soldiers a one-on-one catechism crash course. The soldiers, all 500 of them, were to be immersed in one mass baptism. Crowds gathered from all over Greece. What a sight that must have been, 500 priests and 500 soldiers — 1,000 people — walking into the blue Mediterranean. The soldiers wore their battle uniforms with their regalia — ribbons of valor, medals of courage and their

weapons of battle. Suddenly, there was a problem. At that time in history, the Greek Church prohibited professional soldiers from being members. They would have to give up their commitment to bloodshed. After a hasty round of diplomacy, the problem was solved quite simply. As the priests began to baptize them, each soldier reached to his side and withdrew his sword. Lifting it high overhead, every soldier was totally immersed — everything baptized except his fighting arm and sword. That is true history. The “unbaptized arm.” Although the Christian Church has fully recognized a Soldier’s right to bear arms for many centuries, Soldiers still struggle with the unbaptized arm. Perhaps we should take an opportunity to examine ourselves and ask, “Do I have an unbaptized arm? An unbaptized checkbook? An unbaptized relationship?” What areas of your life do you refuse to submerge in the waters of holiness?



**PROTESTANT**

- Sunday  
8 a.m. and 11 a.m. Daniel Circle Chapel (Gospel)  
7:45 a.m. Bayonet Chapel (Hispanic)  
9 a.m. and 10:30 a.m. Magruder Chapel  
9:30 a.m. Main Post Chapel  
10:45 a.m. Post-wide Sunday School (Main Post Chapel)  
11 a.m. Memorial Chapel  
11 a.m. Chapel Next, USACHCS, Fox/Poling Lab.
- Wednesday  
6 p.m. Prayer Service Daniel Circle Chapel  
7 p.m. Gospel Mid-week Service Daniel Circle Chapel
- Protestant Bible Study**  
■ Monday

- 7 p.m. Women’s Bible Study (PWOC — Main Post Chapel, Class 209)
- Wednesday  
7 p.m. Anderson Street Chapel  
7 p.m. Daniel Circle Chapel  
7 p.m. Gospel Congregation’s Youth (Daniel Circle Chapel)
- Thursday  
9:30 a.m.-noon Women’s Bible Study (PWOC, Main Post Chapel)  
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)  
7 p.m. LDS Bible Study (Anderson Chapel)
- Saturday  
8 a.m. Men’s Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall))

**PROTESTANT YOUTH OF THE CHAPEL**

- Saturday  
11 a.m. Daniel Circle Chapel (third Saturday)
- Sunday  
5 p.m. Main Post Chapel

**CATHOLIC**

- Monday-Thursday  
11:30 a.m. Mass (Main Post Chapel)
- Sunday  
8 a.m. Mass (MG Robert B. Solomon Center)  
11 a.m. Mass (Main Post Chapel)

- 9:30 a.m. CCD (Education Center)  
9:30 a.m. Adult Sunday School  
12:30 a.m. Catholic Youth Ministry
- Wednesday  
7 p.m. Rosary  
7:30 p.m. RCIA/Adult Inquiry

**LUTHERAN/EPISCOPALIAN**

- Sunday  
8 a.m. Memorial Chapel

**ISLAMIC**

- Sunday  
8-10 a.m. Islamic Studies (Main Post Chapel)
- Friday  
12:30-1:45 p.m. Jumah Services (Main Post Chapel)

**JEWISH**

- Sunday  
9:30-10:30 a.m. Memorial Chapel  
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

**CHURCH OF CHRIST**

- Sunday  
11:30 a.m. Anderson Street Chapel

**LATTER DAY SAINTS**

- Sunday  
9:30 a.m. Anderson Street Chapel

**ADDRESSES, PHONE NUMBERS**

- Daniel Circle Chapel**  
3359 Daniel Circle, corner of Jackson Boulevard, 751-4478
- Main Post Chapel**  
4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469
- Bayonet Chapel**  
9476 Kemper St., 751-4542
- Family Life Chaplain**  
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
- Anderson Street Chapel**  
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Education Center**  
4581 Scales Ave.
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- 120th Rec. Bn. Chapel**  
1895 Washington St., 751-5086
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- Chaplain School**  
10100 Lee Road, 751-8050

# FMWR recently completed issues released

The following are recently completed Community FIRST/AFAP issues pertaining to the Directorate of Family, Morale, Welfare and Recreation.

**Issue:** Multipurpose Family Readiness Center for Fort Jackson

**Scope:** Currently, there is no designated building for Fort Jackson’s family readiness groups to hold battalion-size meetings, use computers, print newsletters, hold social activities and classes, etc. Having this facility will lessen the financial burden on the FRG members, enhance camaraderie, unit readiness and information flow.

**Recommendation:** Establish a Family Readiness Center that can serve as a multipurpose building for FRGs.

**Response (as of June):** Building 3499 on Daniel Street (former PAIO building on Darby Field) has been designated as a multipurpose Family Readiness Center. FMWR assets will also be located in the building during normal business hours.

**Forum:** AFAP, 2nd quarter

**Issue:** ACS Contracts

**Scope No. 1:** Army Community Service has recently lost at least two key government contracts. The Exceptional Family Member Program will lose at least two support staff members. Deployment Readiness will lose its only staff member. The loss will negatively affect the special events coordinated by support personnel. This will also have a negative impact on ACS customers because these programs will no longer be fully staffed and functional.

**No. 2:** EFMP received three contract positions to assist the EFMP manager (permanent position) more than a year

## CUSTOMER SERVICE CORNER

By **VERONICA PATRICK**  
*Community FIRST Coordinator*



ago. If the contract positions are eliminated, some services will be discontinued, which will have a direct impact on the morale and support of EFMP families.

**Recommendation:** Provide additional staff for EFMP, deployment readiness and other key positions in order to continue the currently available services.

**Response (as of February):** When the Army Family Covenant was signed, extra attention and manpower was given to ACS programs. Fort Jackson received an additional 10 contractors. It was intended for the contractors to be converted to permanent DA civilian employees at the end of fiscal year 2008. The conversion did not occur at some TRADOC installations, including Fort Jackson. This has caused Fort Jackson’s ACS to be understaffed in several areas, and the command will continue to work to resolve the issue.

**Update (as of June):** ACS currently has two contractors who have unknown termination dates. The worst-case scenario is the contractors will be employed until August. The best-case scenario is that the contractors will work with ACS indefinitely.

**Forum:** Family Member Focus Group, 1st quarter, EFMP Focus Group, 2nd quarter

July is Issue Submission Month. Community members are asked to submit issues that impact their constituent group (Soldiers, family members, civilian employees, retirees or veterans) to Customer Management Services.

These issues will become a part of the Community FIRST/AFAP issue resolution process. It is important for CMS to receive a cross-section of submissions to ensure that each constituent group’s voices are heard. Call 751-3425 for more information.

## ICE APPRECIATION

The garrison congratulates the Directorate of Public Works, specifically the PM/CM Plumbing Section; and the Civilian Personnel Advisory Center. They achieved a 5.0 and a 4.9 percent rating, respectively, out of a possible 5.0 in Employee/Staff Attitude over a 12-week period. This is an outstanding performance in customer satisfaction.

A complete list of Community FIRST issues can be found at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>. New issues may be submitted on the site as well, by clicking on “Submit an Issue or Recommendation” or on the Community FIRST/AFAP logo. Whether it affects individuals and constituent groups here at the installation level or throughout the Army, feedback is important.

# Saluting this Basic Combat Training cycle’s honorees

## DRILL SERGEANTS OF THE CYCLE



**Staff Sgt.**  
**Benjamin Jones**  
Company C  
1st Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**  
Pvt. Alexander Edwards

**SOLDIER OF THE CYCLE**  
Pvt. Tiffany Hay

**HIGH BRM**  
Pvt. Christopher Hiros

**HIGH APFT SCORE**  
Spc. Hieu Huynh



**Staff Sgt.**  
**Rony Martinez**  
Company D  
1st Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**  
Pfc. Reagan Hirschy

**SOLDIER OF THE CYCLE**  
Pfc. Jeremy Schaitz

**HIGH BRM**  
Pvt. Jason Johnson

**HIGH APFT SCORE**  
Pvt. Bernadette Grove



**Sgt. 1st Class**  
**Corey Oliver**  
Company E  
1st Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**  
Spc. Jason Turner

**SOLDIER OF THE CYCLE**  
Pfc. Andrew Brasington

**HIGH BRM**  
Pvt. Charles Reding

**HIGH APFT SCORE**  
Pvt. Charles Reding

# Housing Happenings

❑ A Town Hall meeting for single Soldiers is scheduled for 5:30 p.m., Wednesday at the Solomon Center. All single Soldiers are encouraged to attend.

❑ July Yard of the Month nominations are being accepted. If you see a great-looking yard, or think your own yard looks great, let us know. E-mail your nominations to [CoWilliams@bbcgrp.com](mailto:CoWilliams@bbcgrp.com) or call 738-8275.

❑ A Neighborhood Huddle is scheduled for 5:30 p.m., Tuesday in the Balfour Beatty Community Management Office conference room.

❑ The emergency voice broadcasting system is being fine tuned. Be sure to provide Balfour Beatty with an up-to-date phone number.

❑ Parents are reminded to keep children away from the fenced-in areas, because weakened structures can cause serious injury. Exercise extra caution in the PT2 area as demolition begins.

❑ Balfour Beatty Communities is now leasing to single soldiers E6 and above. There is a limited number of apartments available on Thomas Court for single Soldiers. Call 738-8275 for details. Residents who refer a friend will receive \$300 once the friend moves in.

❑ In order to keep your community beautiful, anything abandoned on the grounds and/or playgrounds will be picked up by Balfour Beatty Communities Staff and placed in a lost and found. If you are missing an item, call 787-6416 to claim your lost items. Please help us keep your community beautiful.

❑ Lifeworks events are always free and open to all residents. To register, or for more information, call 738-8275. Pick up a July calendar from the management office.





# Army Community Service

## July calendar of events

*Thursday, July 16*

**Financial/relocation initial PCS class:** 9-10:30 a.m. Education Center, Room B302  
**Positive parenting 101:** 2-4 p.m., Joe E. Mann Center, conference room

*Tuesday, July 21*

**Careers-on-the-go:** 9-11:30 a.m., Main Post Chapel, activity room  
**Starting and running a small business:** 9-11:30 a.m., Education Center

*Wednesday, July 22*

**Phase II LEVY briefing:** 2:30-3:30 p.m., Strom Thurmond Building, Room 213  
**Connecting people to jobs (class conducted in Spanish):** 9-10 a.m., Strom Thurmond Building, Room 222.  
*Este entrenamiento esta disenado para personas latinas y les ayuda a desarrollar habilidades laborales*

*para que puedan buscar, encontrar y mantener un empleo en los Estados Unidos. Para registrarse, llama a Barbara Martin, al 751-4862/5452. En espanol, llame a Ivan Segura al 606-1164.*

*Thursday, July 23*

**Housing seminar:** 9-11 a.m., Education Center, Room B302  
**Careers in real estate:** Noon to 1 p.m., Strom Thurmond Building, Room 222  
**Hearts apart:** 6-8 p.m., 3499 Daniel Circle

*Friday, July 24*

**Explore the world of cosmetology:** 10 a.m. to noon, Paul Mitchell School Campus, 700 Gervais St., Suite D

*Saturday, July 25*

**Battlemind training (spouses):** 10 a.m. to noon, FRG Center, 3499 Daniel Circle

*Tuesday, July 28*

**Steps to federal employment:** 8:30-11:30 a.m., Strom Thurmond Building, Room 222  
**Managing emotions under pressure:** 10 a.m. to 3:30 p.m., 5615 Hood St., Room 10  
**EFMP Sibling Support Group:** 5 p.m., 5615 Hood St., Room 10

*Wednesday, July 29*

**Employment readiness program orientation:** 8:30 a.m. to noon, Strom Thurmond Building, Room 222  
**Child abuse awareness class:** noon to 2 p.m., 5615 Hood St., Room 10  
**Resume writing for beginners:** 1:30-3:30 p.m., Strom Thurmond Building, Room 222



For more information or to register for classes, call 751-5256 or 751-6325.  
This information is published the last week of each month in *The Fort Jackson Leader*.

Calendar

*Tomorrow*  
**Chaplain Corps Regimental Ball**  
5:30 p.m., NCO Club  
Sgt. Maj. Tommy Marrero, chief of chaplains and regimental sergeant major, is guest speaker. Tickets are \$25. For more information, or to RSVP, call 751-8871.

*Wednesday*  
**Red Cross Bloodmobile blood drive**  
9 a.m. to 2 p.m.  
MACH main entrance parking lot  
All donors will receive a free mesh tote bag.

Announcements

**SUMMER REVIVAL**  
Daniel Circle Chapel’s summer revival is scheduled from July 23-25. The theme is “Trusting in God in a troubled time.” The Thursday and Friday night services will begin at 7 p.m. at Daniel Circle Chapel and the Saturday service will begin at 9 a.m at the Officers’ Club.

**FITNESS CENTER RENOVATIONS**  
The men’s shower and steam room at Andy’s Fitness Center will be closed for renovations Monday through Aug. 10. Shower facilities will be available at all other gyms and fitness centers.

**ISO CLOSURE**  
The Installation Security Office will be closed from 7:30-10:30 a.m., Wednesday. Normal office hours will resume at 11 a.m.

**CONTRACTING CLOSURE**  
The Mission and Installation Contracting Command, Directorate of Contracting, will be closed Monday. Call 751-4140 for emergencies.

**RECRUIT THE RECRUITER**  
Soldiers in ranks E4 through E7 are invited to a Recruit the Recruiter event, 1:30 p.m., Wednesday, in the Army Education Center, Room B-200. Attending the briefing does not obligate attendees for recruiting duty.

**FOOD RECALL**  
General Mills has issued a recall of a limited quantity of Nut Lovers flavor Nature Valley Granola Nut Clusters. Granola bars being recalled have “best if used by” dates of 07MAR2010; 08MAR2010; 09MAR2010;10MAR2010; and 11MAR2010. Visit [www.dscp.dla.mil/subs/fso/alfood/al-food.asp](http://www.dscp.dla.mil/subs/fso/alfood/al-food.asp) for more information.

**CAR/BIKE SHOW**  
The Fourth Annual Auto Craft Shop

Car/Bike Show is scheduled from 11 a.m. to 2 p.m., July 25. The first 200 people will receive a free hot dog, chips and a drink.

**PAY OFFICE RELOCATION**  
The Defense Military Pay Office, Separations Branch, has relocated to Room 240 of the Strom Thurmond Building. The office hours are 7:30 a.m. to 4 p.m. For more information, call 751-5243.

**CHAPEL POSITIONS AVAILABLE**  
Several Chaplain’s Fund Non-personal Service contracting opportunities are available at the Daniel Circle Chapel. Master musician; director of music; drummer; keyboard/pianist; special event coordinator; and audio technician. Bids must be in by Aug. 3. Call 751-4478/1297 for information.

**CERTIFICHECK EXTENSION**  
Authorized patrons who were deployed or away on temporary duty from March 6-July 31 will have more time to redeem commissary CertifiCheck gift certificates. Customers have until July 31, 2010 to redeem gift certificates in a military commissary. Customers who were not deployed or on temporary duty during that time period must redeem certificates by July 31.

**T-SHIRT DESIGN CONTEST**  
The Family Advocacy Program is conducting a T-shirt logo design contest for Soldiers. The design should focus on the theme: “Let’s talk about it, not fight about it.” The winner will have his or her entry made into a shirt, and receive an iPod Touch. The shirts will be distributed during October, which is Domestic Violence Awareness Month. Contest entries can be submitted until Aug. 31 at the FAP office in Room 218 of the Strom Thurmond Building.

**COME SEE YOUR ARMY TOURS**  
“Come see your Army” tours are conducted monthly. The tours provide the community with an opportunity to attend a Basic Combat Training graduation; observe Soldiers in training; get hands-on experience with a state-of-the-art weapons simulator system; eat lunch at a military dining facility; and shop for souvenirs. Call 751-1474/5327 to participate.

**SALEM ROAD CLOSURE**  
Salem Road is closed to automobile and pedestrian traffic from Winston Road to Cobb’s Pond Road until Aug. 16 while the bridge is being replaced.

**CID CRITERIA CHANGE**  
CID has changed its acceptance criteria to temporarily accept staff sergeants. The change now allows Soldiers, E-4 to E-6, regardless of MOS to apply. Applicants must be eligible to obtain a top se-

cret clearance, be at least 21 years old and have served at least two years on active duty. To apply, visit [www.cid.army.mil](http://www.cid.army.mil) or call 751-7665/3789.

Sports shorts

**ARMY 10-MILER**  
The Army 10-miler qualifier is scheduled for Saturday at 5:30 a.m. The runners will begin at Patton Stadium Gate on Kershaw Road and will turn right onto Dixie Drive, go out 5 miles and come back. Call 751-3096 for information.

**SMALL GAMES TOURNAMENT**  
Small Games, July 23, Magruder’s Pub. The tournament is for active-duty service members only. Register by 3 p.m., July 16. Games include 8-ball, table tennis, arm wrestling, darts and hot shot basketball. Soldiers can participate in one event only.

CoC/CoR ceremonies

*Today*  
**Change of Responsibility**  
**U.S. Army Chaplain Center and School**  
9 a.m., USACHCS  
Command Sgt. Maj. Bridgette Smith will relinquish responsibility to Command Sgt. Maj. Marylena McCrimmon.

*Wednesday, July 22*  
**Change of Command**  
**165th Infantry Brigade**  
9 a.m., Officers’ Club  
Col. Brian Reinwald will relinquish command to Col. Bryan Rudicelle.

**Change of Responsibility**  
**Task Force Marshall**  
8 a.m., McCrady Training Center  
Command Sgt. Maj. Daniel Hagan will relinquish command to Command Sgt. Maj. Frank Rossi.

*Thursday, July 23*  
**Change of Responsibility**  
**U.S. Army Recruiting Battalion**  
10 a.m., SSI Auditorium  
Command Sgt. Maj. Gregory Craig will relinquish command to Command Sgt. Maj. Stephen BOWENS.

Housing events

*Today*  
**Pen Pal Club**  
1-3 p.m.  
Get together to write to pen pals at Fort Gordon.

*Friday*  
**Friday Night Live**  
6-8 p.m.  
This month’s event is a basketball chal-

Pets of the Week



Photos by OITHIP PICKERT

*From top, a 1-year-old mixed breed male dog and an 11-month-old collie mix are looking for a home. For information on pet adoption or other services, call the Veterinary Clinic at 751-7160.*

lenge, Teens v. MPs.

*Monday*  
**Neighborhood Watch**  
5:30 p.m.  
Be a part of the new Neighborhood Watch program with Balfour Beatty and the Directorate of Emergency Services.

*Tuesday*  
**Neighborhood huddle**  
5:30 p.m.  
Join the huddle and share any concerns, ask questions and receive construction updates.

*Every Thursday*  
**Kids Day**  
10 a.m., Themed activities for children younger than school age.

*All events are held in the Balfour Beatty Communities management office unless otherwise specified. For more information, call Courtney Williams at 738-8275.*

LEADER ANNOUNCEMENTS

- ❑ Announcements are due one week before the scheduled publication. For example, an announcement for the July 16 *Leader* must be submitted by today.
- ❑ Send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).



# Summer programs give on-post teens an EDGE

The EDGE! (Experience, Develop, Grow, and Excel) — part of Child, Youth and School Services’ commitment to keeping the promise of the Army Family Covenant — has added two more programs aimed at Fort Jackson’s youth.

Harry Potter’s Magical Adventure began July 1 and Extreme Sports started July 7. Two new adventures, ArtEDGE and Fashion Reinvention, begin in August.

“The most exciting part of the EDGE! for parents is that the programs are free for 11 to 18-year-olds,” said Beverly Metcalfe, CYSS director.

Children, 6-10, will pay regular CYSS hourly fees and may attend for the entire month or selected weeks during the month. Parents can still register their children for any of the four programs.

The Harry Potter programs have many more adventures in store for participants, including a game of Quidditch, Potions and Spells, Castle Cake Making, Harry Potter Board Game Tournament and a field trip to see Harry Potter and the Half Blood Prince.

The program will culminate with Harry Potter’s Birthday Party July 31. Harry Potter’s Magical Adventure meets Monday, Wednesday and Friday, 1-4 p.m. The program is open to children, 8-12.

Extreme Sports meets Tuesdays and Thursdays, 1-4 p.m., and is open to children, 11-15. Upcoming extreme sports events include Wacky Olympics, inner tube water polo and a rock climbing field trip to Stronghold Athletic Club.

Fashion Reinvention is program aimed at helping teens rethink fashion by taking the “Wardrobe Refashion Oath”

## Army Family Covenant

**THERESA O’HAGAN**  
*Family and Morale, Welfare and Recreation*

to reuse, recycle and reinvent cast-off fashions to make a personalized wardrobe. Fashion Reinvention will meet Tuesdays and Thursdays, 4-6 p.m., and is open to teens, 14-18. Week one’s meeting will teach teens how to turn a man’s dress shirt into a top. Week two, attendees will transform a trench coat into a messenger bag suitable for boys or girls. Week three, teens will “shop” their own closets to remake their old clothes into something new.

Week four — the final week is — “No more plain T-shirts!” Teens will discover hundreds of ways to turn old T-shirts into new fashions. They will also be able to participate in a photo shoot to show off all their new creations. With parents’ permission, the photos will be added to the EDGE Web site.

Art Edge! is a one-week program that allows middle and high school students create art. Classes are Aug. 3 through 7, 9 a.m. to noon, in the Solomon Center. Participants will be introduced to ceramics, matting and framing, jewelry making, scrapbooking and mosaics. ArtEDGE! is free for rising middle and high school students. Ten-year-old students not entering middle school will be charged \$2.50 per hour, \$7.50 per day or \$37.50 for the week.

For more information about EDGE! programs, contact Beverly Metcalfe at 751-3053.

## FMWR calendar

### TODAY

- ❑ Visit Century Lanes for food, fun and bowling.
- ❑ Magraders Pub and Club is open for lunch.
- ❑ Visit the Officers’ Club 11 a.m. to 1:30 p.m. for specials or the buffet.
- ❑ Extreme Sports inner tube water polo, 1-4 p.m., at Weston Lake. For children, 11-15. Must be registered with Central Enrollment.

### TOMORROW

- ❑ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ❑ Dance to a variety of music provided by DJ Randall at Magraders Club, 9 p.m. to 3 a.m. Magraders Club is located in the back of Magraders Pub. Cover charge is \$5 for civilians and \$3 for military.
- ❑ Fish fry at the Officers’ Club, 11 a.m. to 1:30 p.m.
- ❑ Family Golf Night, 5-7 p.m., Fort Jackson Golf Club.
- ❑ Harry Potter’s Magical Adventure: Quidditch game, 1-4 p.m., Youth Sports Complex. For children, 6-18.

### SATURDAY

- ❑ Step Team practice, 2 p.m., dance room at the Youth Services Center.
- ❑ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military. Live broadcast from the BIG DM 103.1 with giveaways, 9:30-11 p.m.
- ❑ British Open golf play-along. Saturday and Sunday. Sign up at the tee.

### SUNDAY

- ❑ Family day at the Youth Services Center, 2-6 p.m.
- ❑ Traditional brunch, 11 a.m. to 2 p.m, Officers’ Club.

### MONDAY

- ❑ The NCO Club offers a full lunch buffet Monday-Friday, 11 a.m. to 1:15 p.m. for \$7.
- ❑ Harry Potter’s Magical Adventure: Potions and Spells, 1-4 p.m., Officers’ Club Regimental Room.

### TUESDAY

- ❑ Extreme Sports Wacky Olympics, 1-4 p.m., Youth Sports Complex.

### WEDNESDAY

- ❑ Karaoke night with Tom Marable at Magraders Club. Cover charge is \$5 for civilians and \$3 for military.

### ONGOING OFFERS

- ❑ The Officers’ Club is ready to host your next special event. The club’s professional staff will ensure every detail is addressed so your event will be to your specifications.
- ❑ The NCO Club breakfast is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75 for children 4-10 years old.
- ❑ Victory Travel has special offers for a variety of dinner shows and attractions.



# DA mandates new clearing policy

*What is the new policy on active duty having to out-process through Behavioral Health? Why is this being implemented?*

As of July 2, the new policy on active duty having to out-process through Behavioral Health has been mandated through the Vice Chief of Staff of the Army Suicide Prevention Task Force. It states that garrison commanders will add Army Substance Abuse Program, Social Work Services and Behavioral Health to the Installation Clearance Record (DA Form 137-2).

This process is being implemented in an attempt to coordinate the continuance of behavioral health care at gaining installations for Soldiers leaving Fort Jackson.

**COL. NANCY HUGHES**  
*Fort Jackson  
Medical Department  
Activity Commander*



It will include a review of Soldiers medical records and provide an opportunity for a Soldier to receive behavioral health care or information at their gaining installation if

they desire.

Out-processing hours for behavioral health clearance (including ASAP and SWS) will be from 8-11 a.m., Tuesdays and 1-4 p.m., Thursdays on the seventh floor of MACH, room 7-90.

Soldiers with questions about this process are encouraged to call 751-2235 for additional information regarding this policy.

*What is the best time to pick up a prescription at the main pharmacy so that I don't have to wait that long?*

Mondays, Fridays and Saturday mornings are the best times to pick up a prescription quickly.

## Improper food storage a recipe for potential illness

**M**any Americans love to barbecue and grill outdoors during the summer. In fact, many of us believe there is an art to outdoor cooking.

How many people do you know who have their own recipe for marinating and barbecuing their preferred cuts and types of meat?

Most of us know the art of outdoor food preparation, but do you know the science of outdoor food preparation?

Firing up the grill and packing up a side dish seem to be among the necessary preparations involved with a successful outdoor event.

Proper food handling is just as important, and can ensure your event is remembered for the right reasons. After all, no one wants to experience "Montezuma's revenge" after a summer outing.

The Centers for Disease Control and Prevention estimates 76 million cases of

### COMMENTARY

**Kenneth Cobb**  
*Moncrief Army Community  
Hospital*

food-borne disease occur each year in the United States. Many of these cases are mild and cause symptoms for only a day or two.

Some cases are more serious; the CDC estimates that there are 325,000 hospitalizations and 5,000 deaths related to food-borne diseases each year. Most of these deaths can be prevented.

An important step in preventing food-borne illness is hand washing. To reduce food sickness risks, wash your hands with warm soapy water for at least 15 seconds before preparing food and directly after handling raw meats.

If you are unable to wash your hands with soap and water, use an alcohol-based hand sanitizer.

Most of us know that salmonella grows in raw meat, dairy and seafood products, but it is also found on fresh produce. You should thoroughly clean all of your fresh foods before you eat them, even if you think they have been cleaned.

Keep raw meat and cooked food separated, the more distance the better. Also use separate cutting boards; one for raw meat, the other for fruit and vegetables.

When it comes to grilling meat, well-done is the best option. Pink in the center of meat cuts is fine, provided the outside is dark brown. When cooking poultry, seafood or hamburgers, make sure the meat is cooked throughout.

It is best to use a food thermometer to determine whether the meat is completely cooked. One expert recommends cooking

burgers to at least 160 degrees, and chicken to no less than 170.

Cold food needs to be kept cold, so keep dishes out of the sun and on ice. Cover hot food with aluminum foil to help maintain heat.

Two hours is the limit for keeping most food out of the refrigerator, particularly those containing mayonnaise. If outdoor temperatures rise above 90 degrees, that time limit should be reduced.

Before cutting a melon, wash the outside surface with water to remove dirt — even if it looks clean. Once cut, keep your melons on ice or in the refrigerator at 45 degrees or less. Cut melon can be served without refrigeration, but only up to four hours after cutting.

Following these simple tips employing the science of outdoor food preparation will keep you, and those sharing in your event, healthy.

## Missed appointments, late cancellations cost hospital big bucks, future funding

*Moncrief Army Community Hospital*

Moncrief Army Community Hospital has started announcing cancellations for primary care appointments on Twitter.

This initiative is only one of many MACH has instituted to help improve customer care and save money by reducing the number of unused health care appointments.

In May, Moncrief Army Community Hospital had 695 missed appointments or last-minute cancellations, leading to a loss of almost \$50,000.

Army hospitals are funded primarily on the workload that is generated. Every year, DA reviews MACH's workload. When MACH has a patient no show or last-minute cancellation, it becomes money that is taken away from the hospital's overall funding.

Last-minute cancellations make it difficult for the appointment to be rebooked.

Patients play a vital part in what type of care they receive at MACH. The only way to ensure services and appointments are available is for beneficiaries to pull together and realize when they do not cancel their scheduled appointments. It not only affects other patients, but the hospital as a whole.

With MACH's new Twitter page, patients will have the opportunity to help themselves, as well as the hospital.

Appointments announced on Twitter will be those that have been canceled the same day as the appointment.

Once the cancellation becomes available, it will be first come, first served.

Patients can become MACH "followers" by signing up at <http://twitter.com/MACHCSD>.

MACH will also post in the *Leader*

each month the number of appointments that have been wasted because of no shows and late cancellations.

Another way MACH has made cancellations easier is the cancellation line established in late winter for patients wishing to cancel their appointments after duty hours.

If you know that you will not be able to keep your scheduled appointment, simply take the time to call and either reschedule or cancel the appointment.

You can save your hospital millions of dollars and make appointments available for all of your friends and family, just by making one phone call.

To cancel your appointment after duty hours call 751-2904.

During duty hours, from 7:30 a.m. to 4 p.m., call 751-CARE (2273) to cancel an appointment.

### MACH updates

#### CATARACT SCREENING

The Moncrief Army Community Hospital Ophthalmology Clinic will conduct quick cataract evaluations tomorrow and July 24 and Aug. 21 for all beneficiary categories, including active-duty family members, retirees and retiree family members.

To schedule an appointment, call 751-5406. Patients do not need a referral for an appointment.

#### ORTHOPEDIC CLINIC

The MACH Orthopedic Clinic is currently seeing only active-duty Soldiers and certain other patients for follow-up appointments. If you need assistance obtaining orthopedic care, call the Referral Center at 751-2363

#### CHOLESTEROL CLASS

Cholesterol and high blood pressure class is scheduled for today and July 23, 2-3 p.m., Room 8-85.

Call 751-2363 with a referral or 751-CARE without a referral, or call the nutrition clinic at 751-2489.



FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

**Lt. Col. Ronald F. Taylor**  
*Director,*  
*Emergency Services/Provost Marshal*  
**Sgt. Maj. Allen Taylor Jr.**  
*Provost Sergeant Major*  
**Billy Forrester**  
*Fire Chief*

CASES OF THE WEEK

More than \$600 were stolen from unsecured backpacks that were left on bunks in a unit area over a weekend, Military Police said. The incident is under investigation by the unit.

Five cadets were cited for noise com-



ing from a room at Magruder Transient Barracks. The cadets listened to loud music, which prompted a complaint from another tenant, MPs said. The cadets were on Fort Jackson for ROTC training.



Courts martial in June

The following is a list of all courts-martial that were convened in June at Fort Jackson:

On June 16, Staff Sgt. Jonathan J. Snider was convicted at a Special Court-Martial for one violation of Article 92 for having an illegal association with a Soldier in training on multiple occasions. He was also found guilty of one violation of Article 107, for making a false official statement to a law enforcement officer. He was sentenced to be reprimanded; to serve 30 days hard labor without confinement; and to be reduced to the grade of E-3.

On June 26, Staff Sgt. Joseph D. Banks was convicted at a Special Court-Martial for two violations of Article 92. One was for having an illegal association with a Soldier in training on multiple occasions and one for violating a no contact order. He was also found guilty of one violation of Article 125, sodomy, and one violation of Article 134, adultery. He was sentenced to four months confinement and to be reduced to the grade of E-1. He will be serving his confinement at Fort Knox, Ky.

Citations issued in June

Speeding 1-9 mph over	33
Speeding 10-19 mph over	58
Speeding 20+ miles over	2
Driving too fast for conditions	1
No driver's license in possession	15
Driving under suspension	22
Expired driver's license	2
No driver's license	3
Violation of a driver's permit	1
Expired vehicle registration	22
Delinquent registration	6
No registration in possession	8
No vehicle registration	8
Failure to surrender suspended tag	3
Expired tag	9
Use of tag on another vehicle	1
Suspended tag	3
Revoked tag	1
No proof of insurance	34
Uninsured vehicle	8
Failure to yield for a pedestrian	1
Failure to stop at a stop sign	20
Improper stop, standing or parking	6
Prohibited parking	12
Unlawful parking	8
Parking on a seeded area	19
Parking on a crosswalk	2
Double parking	2
Parking in a restricted area	1
Improper turn	1
No turn signal	2
Improper lane change	1
Seat belt violation	24
Cell phone violation	5
Use of electronic devices while driving	3
Improper backing	3
Failure to obey traffic control device	2
Disobedience to person directing traffic	2
Driving on the wrong side of the road	1
Driving the wrong way on a one-way street	1
Inattentive driving	1
Reckless driving	1
Driving under the influence	1
Driving with an open container	2
No child restraint seat	1
Inoperable tail lights	1
Defective equipment	1
Improper muffler	1
Noise violation	5
Tint violation	20
Failure to control pets	1
No fishing permit/license	2
Trespassing to fish	1
Shoplifting	6
Criminal trespassing	1

Total: 401



# Regulation clarifies separations

By **SGT. 1ST CLASS  
LATARYNA WHITMIRE**  
*Assistant Inspector General*

Sgt. Sewol and Pfc. Toped have recently been informed that they will go through the separation process within the month.

They are not quite sure of what is involved, so they ask a few of their fellow Soldiers about the process. The information they received was very confusing to them, and changed depending on whom was asked.

They decided to speak with their platoon sergeant to get clarification. The platoon sergeant also had limited knowledge of the subject, so he contacted the Inspector General’s Office to request information on separation processes.

Once he read the regulation, the platoon sergeant had a better understanding of the

separation process and was able to relay the information to his two Soldiers.

He informed them that according to the regulation, they would be advised of whether their proposed separation would result in discharge, release from active duty to a Reserve component, or release from custody and control of the Army.

He also told the Soldiers the least favorable characterization of service, or description of separation, they could receive. He went on to explain the type of discharge and character of service the initiating commander would recommend.

In addition, the Soldiers would be advised to consult with military counsel within a reasonable time (not less than three duty days).

Soldiers are also allowed to consult with civilian counsel at their own expense; submit statements on their own behalf; and ob-

tain copies of documents that will be sent to the separation authority supporting the proposed separation.

They may also have a hearing before an administrative separation board if they have six or more years of active duty and Reserve service on the date of initiation of recommendation for separation.

The six years of service includes creditable service in any U.S. military component.

The Soldiers may waive the above rights in writing, including the right to submit a conditional waiver of the right to have the case heard before an administrative separation board.

For additional information on the separation process, reference AR 635-200, Active Duty Enlisted Administrative Separations, 6 June 2005 or contact the Inspector General’s Office.

FANTASY FOOTBALL POOLS

The IG Office has received inquiries regarding “Fantasy Football” pools in the workplace.

Personnel should always consult the joint ethics counselor, located in the JAG office, for local laws and pertinent DoD and Army regulations to determine what activities constitute gambling. According to the regulation, gambling between officers and enlisted personnel is prohibited.

These prohibitions are not intended to preclude normal team building associations that occur in the context of activities such as community organizations, religious activities, family gatherings, unit-based social functions or athletic teams or events.